

discover Nha Trang Vietnam

Thap Ba hot spring center Nha Trang is tourist destination in Nha Trang has attracted most visitors, this is also a final place of their journey, especially women and children want to play in this center and want to care their skin. Thap Ba hot spring center Nha Trang is a first place which develop the method of soaking in mineral mud, it's very unique and got natural value. Mineral mud is a wonderful gift of nature, it care your skin effeciently and safely, mineral mud not only remove your dead skin cells and stimulating your skin, but also make your skin smooth and resting. In addition, depend on the time you soak, it can add minerals to your body, increase your energy and it can treat your stress, pain, some neurological diseases and bone and joint diseases. You can select one of 2 kinds of mineral mud, they are fresh mud and dried mud. Fresh mud is a mud which is mix with mineral water, dried mud is a mud which is dried to become powder.

When coming to Thap Ba hot spring center in Nha Trang, you can select a private area or community area. If you want to take a mud bath with your friends or family, you should select community area and if you want to enjoy the feeling of mineral mud is coming into your skin, you should select private area. Another mineral mud in this hot spring center is Tien Sa mud. After soaking in the hot mineral water about 40oC is mixed with the natural herbs, you will be massaged by foots and ginger oil. First, the staff in center will massage your foot to be warmer, then They will press to your graving to enhance blood circulation, their movements as toe stroking, joints stroking by ginger oil to make your foot more soft and smooth. You can book in-advance with a local travel agency like [Đặt khách sạn](#).

Ba Ho waterfalls Nha Trang is located in Ninh Hoa commune, it's far from away Nha Trang city about 25 km in the North, this stream is from the peak of Hon Son mountain. Ba Ho waterfalls Nha Trang streches along Phu Huu village and flowing to Nha Phu lagoon, from the peak of Hon Son mountain this stream is big and become into 3 beautiful lake (Ba Ho), that is a reason for name of this stream. Everyone always think that destinations in Nha Trang has got only beaches, but they will think again when coming to Ba Ho waterfalls Nha Trang. To visit all of 3 lakes of this stream, you should prepare carefully and think that this is adventure exploring journey not for vising. In fact, many visitors have [Vietnam visa](#) will stop at first and second lake and few visitors come to third lake because the way to it is so difficult. Three lakes in this stream are associated by the water flow though these rocks and this journey require you must to pass slippery mossy rocks, cling to slippery or pass across the steep wood bridge. By these risk difficult factors make this place become an attractive ecological tourist destination to young men. After that obtacles on the way the explore this stream, you'll get a great feeling – a feeling of vitory.